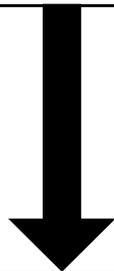


COVID-19 Possibility of Infection Check Sheet

Someone you recently met has tested positive for COVID-19.
Please check the possibility of your being infected.

■ Starting point of the infectious period					
Symptomatic	2 days before symptom onset . . .	Y	M	D	
Asymptomatic	2 days before specimen collection . . .	Y	M	D	
■ Contact with the infected person					
Date you last met the infected person	Y	M	D		

■ Was the day you last met the infected person during the infectious period?



Yes



No

You can attend school.
Continue to monitor your health everyday.



No

■ Did you have any of the following close contact with the infected person during the infectious period?

- You had contact with the person within touching/face-to-face conversation distance (approximately within 1 meter) for 15 minutes or more without a mask
- You live with or spent a long time (in a car or an airplane, for example) with the infected person

(Examples)

- You talked with the person while having a meal or a snack together
- You spent time with the person in a poorly ventilated room
- You were not wearing a mask properly (you wore a mask on your chin or below your nose)



Yes

You are a close contact of the infected person.

- If no specific instruction was given by a medical institution, you are required to stay home and are suspended from attending school for 7 days, counting the day of last meeting with the infected person as day 0.
 - *Please stay home for 7 days even if you tested negative.
 - *If you live with a person who is infected and recuperates at home, your self-quarantine period shall be 7 days, counting the latter date of either the patient's symptom onset (the date of specimen collection if asymptomatic) or the date of introduction of infection prevention measures at home in response to the patient's symptom onset as day 0.
- Take your body temperature twice a day and check your health status.
 - *If you have any symptoms, consult a medical institution immediately for medical attention.

■ Last day of self-quarantine (suspension of attendance) period Y M D

(e.g.) If you had contact with an infected person on August 1, you are required to stay home until August 8 and can attend school from August 9