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Report: "World Kitchen -Rice Cake Making-" (presented by SIED)

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On November 17th (Sun) SIED and the International Exchange Association of Kyotanabe co-hosted "World Kitchen ~Rice Cake Making~" at Bio-Tatara, an old Japanese folk house-style café. 27 people, including International students, local students and residents of Kyotanabe attended the event. This event was held to allow participants to experience the traditional way of making rice cakes.

In the beginning, a member of Bio Tatara staff held a short lecture to introduce the history of rice cake making. Following that is the start of the main event, pounding the rice cake. Freshly steamed rice is placed in a stone mortar. Participants then took turns to pound the rice using a wooden mallet while shouting 'Yoisho-!' in rhythm. After thoroughly pounding the rice, it is time to eat! Participants were able to try the different flavors by adding different toppings to the rice cakes, for example, soy sauce, red bean paste and etc. In addition, delicious vegetable soup made solely with local produce were served alongside the rice cakes. The participants were full of praise for the food especially because they took part in the making process. As the saying goes, Food tastes better when you make it yourself. Through this event, participants were able to learn more about the Japanese rice cake making culture and interact with the residents of Kyotanabe. We would like to extend our appreciation to the staff of Bio-Tatara and the association staff for their cooperation in making this event a success. Thank you.

SIED hold many events where you can learn Japanese culture or interact with local students, so please don't hesitate to join us! Let's enjoy together! We look forward to seeing you soon!



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Contact

Office of International Students, International Center (KYOTANABE)

Telephone : +81-774-65-7453

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